

Your Prime Real Estate - Organizing Tip

As cooler weather once again moves your world toward the indoors, I believe it's time to take a look at your prime real estate - which is what I consider the spaces you use most on a daily basis : kitchen, bedroom, living room... office?

It is here where the keep test is most relevant. Ideally you can move around these spaces- feeling supported, maybe even blessed by your surroundings. For that to be possible I believe that those items that occupy your daily space need to pass the most rigorous questioning of: Do I LOVE this? Do I USE it? Is it a treasure?

Otherwise chaos can quickly take over your most lived in spaces, taking away the security of knowing where the things are that you really need and want.

The way I see it, there is so much STUFF that comes in every day that, if you want a sense of comfort and clarity, the items you hold on to have to prove themselves worthy of belonging in your space.

Rest assured, this is something I regularly have to work on myself. This week it's my office (sigh) where it's either me or the stuff. So please don't feel alone in your process...and DO feel free to email me with your struggles, questions and/or victories.

All best wishes - always. Joanna