



What's in here?

Looking in the same spot over and over again?
Try labels!

You are looking for that gift you've been planning as a Sweet 16 present. Maybe it's up in the closet. You look at that box on the closet shelf. You can feel your forehead tighten.

The wheels start turning ... what's in THAT box? Let's see, well it was probably two summers ago when you put it up there... hmmm. Tick tick tick whrrrrrrr buzzzzzzzz. Hmm- well maybe the present is in the other closet! This box isn't the right size - but what's in it? No time to take it down now... supper has to be on the table in minutes and then there's the Committee Meeting.

As you drive to the meeting you find yourself thinking about that box. As you head to bed you feel your stomach clench as you think about that present - maybe it IS in the box on the shelf. Grrrrrr. Tomorrow you will take the time to pull out the step ladder and get down the box AND see!

How could you save yourself all this? LABELS!!! A plain old black marker can save you so much unconscious and conscious time. When you stash anything in a box- LABEL it! Write BIG and where you will see it -- perhaps several places top/side. If it is a present and you don't want the world to know what's in the box - mark it in some way that YOU will understand instantly.

That's the whole thing. Life is too busy and there's too much of value to do to take a bunch of energy (and time) trying to figure out what's in a box!
LABEL IT!

You know that one box is not a major issue but the fact is that they multiply- especially if they DON'T have labels! And the time you spend trying to figure out what's in a box could easily be used to do something that really matters to you!

REMEMBER - try labels!!!

p.s. Check out my Blog to find out what other declutterers are saying.
<http://www.breathing-space.com/blog/>