

That stuff called PAPER!

As paper always makes it onto the list at workshops when I ask participants to name their worst clutter challenge, I'm going to make paper handling the focus for this month's tips.

If paper isn't on YOUR list at this time ... bravo!

If it is, try this:

Tip #1 Stand up when you are sorting your mail or any pile of paper.

Yes- that's all. It's weird how much it seems to help. There's something about being TALLER than the pile of paper that makes the task much easier!

It's tempting to theorize further and add more details but I think it's best for you try this one specific change to see what happens.

Try it starting TODAY.

Wishing you a fine month of May!

Joanna