

## A World of Changes?

My plan has been to write to you about the library system - what I mean is - a way to truly SEE the things in your space that you are keeping because of the warm "fuzzy" feelings they give you.

Last week when I took a palm sized metal bus off the windowsill to dust it for my client, he said, "I haven't actually SEEN that for a long time." He has a lot of very dear treasures --- the little bus being one of them BUT it had been collecting dust - unappreciated.

So I talked to him about what I call "The LIBRARY SYSTEM"

This is how it works. What you do is have a safe place for storing your treasures - someplace tucked away. THAT is the "library". Then in your daily living space (such as the kitchen window sill) you place a few things which delight you. Enjoy them. Have them greet you - and feel the smile on your face and/or in your heart.

However- WHEN you STOP seeing them- it's time to go to your "library" and make an exchange. This way your treasures will truly feed your heart and soul as you will see them. That's the tip for this week. Let me know what happens.

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p.s. Hmm - maybe that's what I am doing with Breathing Space. To hear more--go to my blog. <http://www.breathing-space.com/blog/>  
If you are feeling a need to shake off some dust, try looking at the sites I mention there.